



ASTONLARK

Employee Wellbeing

How to support and look after your employees

YOUR WORLD IS OUR FOCUS

www.astonlark.com

What are you required to do by law?



Duty of Care

- Ensure staff do not work excessive hours
- Provide areas for rest and relaxation
- Protect your employees from bullying, harassment or discrimination
- Create a safe work environment
- Clearly define jobs, training and performance feedback
- Enable channels for employees to raise issues.



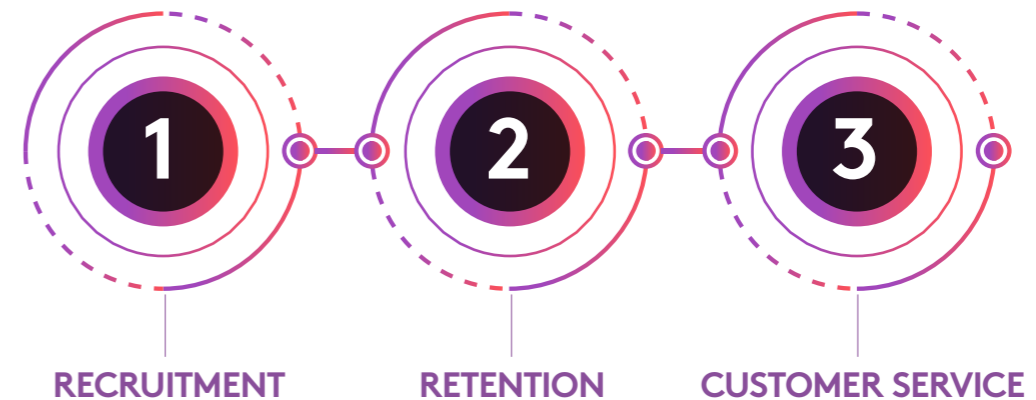
Display Screen Equipment Users (DSE)

- Eye tests
- Training and information
- Workstation assessments

How Aston Lark can take you beyond legislation

Just complying with legislation isn't always enough to ensure employee engagement.

Aston Lark can help you take the next step and look at a wellbeing journey, or strategy, that will help your employees feel more engaged and looked after. This is not only great for them but can make a huge difference for:



“ If you look after your staff, they’ll look after your customers. It’s that simple. ”

Richard Branson

Foresight, rather than hindsight

Scenario	Solution
An employee witnesses a traumatic event	● Employee assistance program
Several employees take time off for back issues	● Workstation assessments
An employee takes a day off to see their GP	● Virtual GP service
An employee has personality changes	● Mental Health First Aider
Winter Flu wipes out the office	● Flu vaccinations
An employee has issues with migraines	● Eye tests

It's the little things that can have the biggest impact

Looking after your employees doesn't have to cost a lot



Why not take some inspiration?



I'm insured, surely that covers everything, right?

Insured benefits are a great way of providing support for your employees, and most come with built in extras.

We can help you bring the pieces together to ensure you're not duplicating cover but also making the most of what you have.



- GIP** - Group Income Protection – Early intervention services, EAPs
- GLA** - Group Life Assurance – GP services, Probate and bereavement services
- CIC** - Critical Illness Cover – Counselling and medical support
- PMI** - Private Medical Insurance – GP services, wellbeing platforms
- CASHPLAN** - To help with everyday wellbeing service costs

Start improving your employee wellbeing today.

Email 'Wellbeing' to
dominic.perry@astonlarkeb.com

We'll then:

-  Talk to you about your individual needs
-  Put a plan in place
-  Get your employees supported



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Aston Lark Employee Benefits is authorised and regulated by the Financial Conduct Authority.

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